



KORI'S KITCHEN





PERU.



We took a trip of a lifetime to Peru. Every part of the experience was memorable. If you are able to go on an incredible adventure to Peru, I've created this guide to help you plan. With only 9 days, my family made the most of each day and explored so many places. I truly hope you have the opportunity to travel to this stunning country. I highly recommend it!



PLANNING



Consider upgrading to an international phone plan



Review travel requirements for Peru



Create your wish list (see ideas).



Look for the best flight options and prices



Get a GPS audio guide app like Voicemap



For tours and excursions, look here



For Machu Picchu treks, look at options here



For self guided Machu Picchu, get tickets here



For help buying Macchu Picchu tickets, see this link



Planning for Machu Picchu and self guided options

TRAVEL TIPS

WhatsApp is used all over in Peru. Get it [here](#).

Don't drink the tap [water](#)

Be prepared to acclimate to the [altitude](#)

Always have some cash (aka. Peruvian nuevo sol)

Pack for the [weather](#) and choose when to go

You can negotiate with vendors

Peru's primary language is Spanish. Use this [app](#).

Review these pretravel [tips](#) and [tricks](#)

Prepare for your [visit](#) to [Machu Picchu](#)

EXPERIENCES

The background of the entire page is a high-angle, panoramic view of the ancient Inca city of Machu Picchu. The stone ruins, including terraces, walls, and buildings, are spread across a lush green valley. In the distance, majestic blue mountains rise against a bright blue sky with scattered white clouds. The overall scene is vibrant and scenic.

AGENDA IDEAS

Visit the 7 Lakes from Cusco

Go to the Amazon and stay in an ecolodge

Volunteer at an orphanage

Take a cooking class and market tour

Look at day excursions from Cusco or Lima

Do Machu Picchu hikes and Inca bridge

Stay at an ecolodge in Sacred Valley

LOGISTICS

TRAVEL

Lima airport code is LIM; Cusco is CUZ. Both have hotel options if needed. See lodging.

Transfer car service; You may be able to coordinate car service through your hotel. We did this in Cusco and it was very smooth.

Hop On Hop Off in Lima is great for city touring

Train options are Peru Rail and Inca Rail. We felt Peru Rail was more comfortable.

Bus tickets to Machu Picchu. You can purchase when you arrive in Aguas Calientes as well.

Flight to/from Lima to/from Cusco. We flew to Cusco on our way to Peru and out of Lima on our way back.

Peru Hop tour bus offers excursions for those wanting an affordable way to get to destinations.

Trip packages and tours and more. We did some self guided and some organized tours. See agenda.



Uber is available in Lima and Cusco. Uber was great in Lima.

LOGISTICS

LODGING

Hotel close to CUZ airport with free shuttle service

Wyndham Costa del Sol hotel is attached to LIM

10 best hotels in Cusco

10 best hotels in Lima

My Pick: Hotel Casa Andina or Hotel Rumi in Cusco

My Pick: Hotel Jaya in Aguas Calientes

My Pick: Hotel Antigua Flores in Lima



Most hotels offer free breakfast

CHECKLIST

- Health/Safety list
- hiking boots
- walking shoes
- rain coat/poncho
- underlayers
- hiking clothes
- crossover /fanny pack
- underwear/socks
- sunscreen/bug spray
- rain/sun hat
- sunglasses
- bathing suites
- quick-dry towel
- camera and binoculars
- power adapter
- cell phone and charger
- Camelback
- toiletries and toilet paper
- electrolyte packets
- medicines; first aid kit
- city clothes
- pajamas
- flip flops
- download apps (WhatsApp)
- train bag (see requirements)
- other items

ITINERARY

Day 1: Travel to Cusco

Check into hotel and get a massage

Walk and have lunch at the city center

Dinner at Chicha

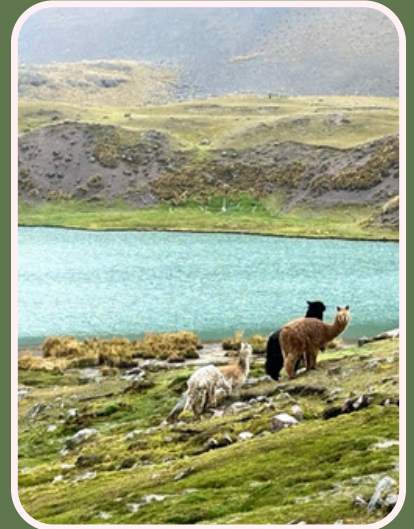


Day 2: Cusco

Free Breakfast at Hotel

Take a Day tour to 7 Lakes

Dinner at Rucula



Day 3: Travel to Aguas Calientes

Take train and check into your hotel

Visit Mandor Gardens or Butterfly Park

Dinner at Mapacho



ITINERARY

Day 4: Machu Picchu

See sunrise at 6am and get a private tour guide

Exit for brunch. Hike Huayna Picchu

Dinner at Chullos



Day 5: Machu Picchu

Hike Machupicchu mountain and see Inca bridge

Visit Aguas Calientes hot springs

Dinner at Full House



Day 6: Sacred Valley to Cusco

Train to Ollantaytambo

Private Sacred Valley tour to Cusco

Check into hotel. Dinner at KusyKay.



ITINERARY

Day 7: Travel to Lima

Fly to Lima. Check into your hotel

Explore Lima and walk the cliffs

Dinner at Maido if you can get a reservation



Day 8: Lima

Do the catacomb walking tour

Dinner at Barra Maretazo

Visit fountain at night



Day 9: Last Day in Lima

Private tour to Pachacamac Temple

End tour in Barranco and eat at Merito

Walk to Chinese Garden and get a crepe





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We hope you found this guide useful. Please don't hesitate to contact us. We'd love to here from you. Safe travels!

www.koris-kitchen.com