



# KORI'S KITCHEN

 let's go 



# KAUAI

There's an undeniable magic to the Hawaiian islands, and Kauai is one of my top picks. I find Kauai absolutely breathtaking, from its majestic emerald peaks to its mesmerizing azure seas. They aptly named it the 'Garden Island' for a reason, and it never fails to impress with its abundant wonders. If you're yearning for a tranquil paradise, Kauai is the perfect destination. Let's go!



# GET READY

Review travel requirements for Kauai

Create your wish list (see ideas on next page)

Look for the best flight options and prices

Plan a self guided tour of the island

For tours and excursions, look here or here

Decide where to stay on the island

Become familiar with the island before you go

# WISH LIST

## SOME IDEAS

Do a boat tour of the NaPali Coast

Do a helicopter tour of the island

Kayak and waterfall tour

Visit Waimea Canyon and possible bike tour

Do a zodiac boat and snorkel tour

Go to a Hawaiian Luau

Take surf lessons

# LOGISTICS

## TRAVEL

The main airport is Lihue Airport (LIH)

Kauai has Uber, Lyft and Taxi services

You can rent cars at the airport, at hubs or use Turo



Turo cars can be picked up at the airport

The bus covers the island and is a reliable option

Flights can vary so review options

Car services are available

Staying safe on your trip

# LOGISTICS

## LODGING

Best value hotels

Look at reviews and feedback on hotels

Review loyalty programs like Bonvoy or Hilton

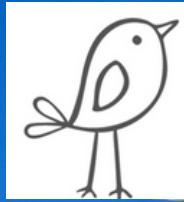
Use Booking.com for a comprehensive review

Favorite luxury\_resort on Kauai

Best overall resort in Kauai Poipu area

Great value beach front resort in Kauai

# TIPS



Print a free planning guide

Staying safe on the island and at the beach

Use reef safe sunscreen

Per the Board of Water Supply, Hawaii water is safe

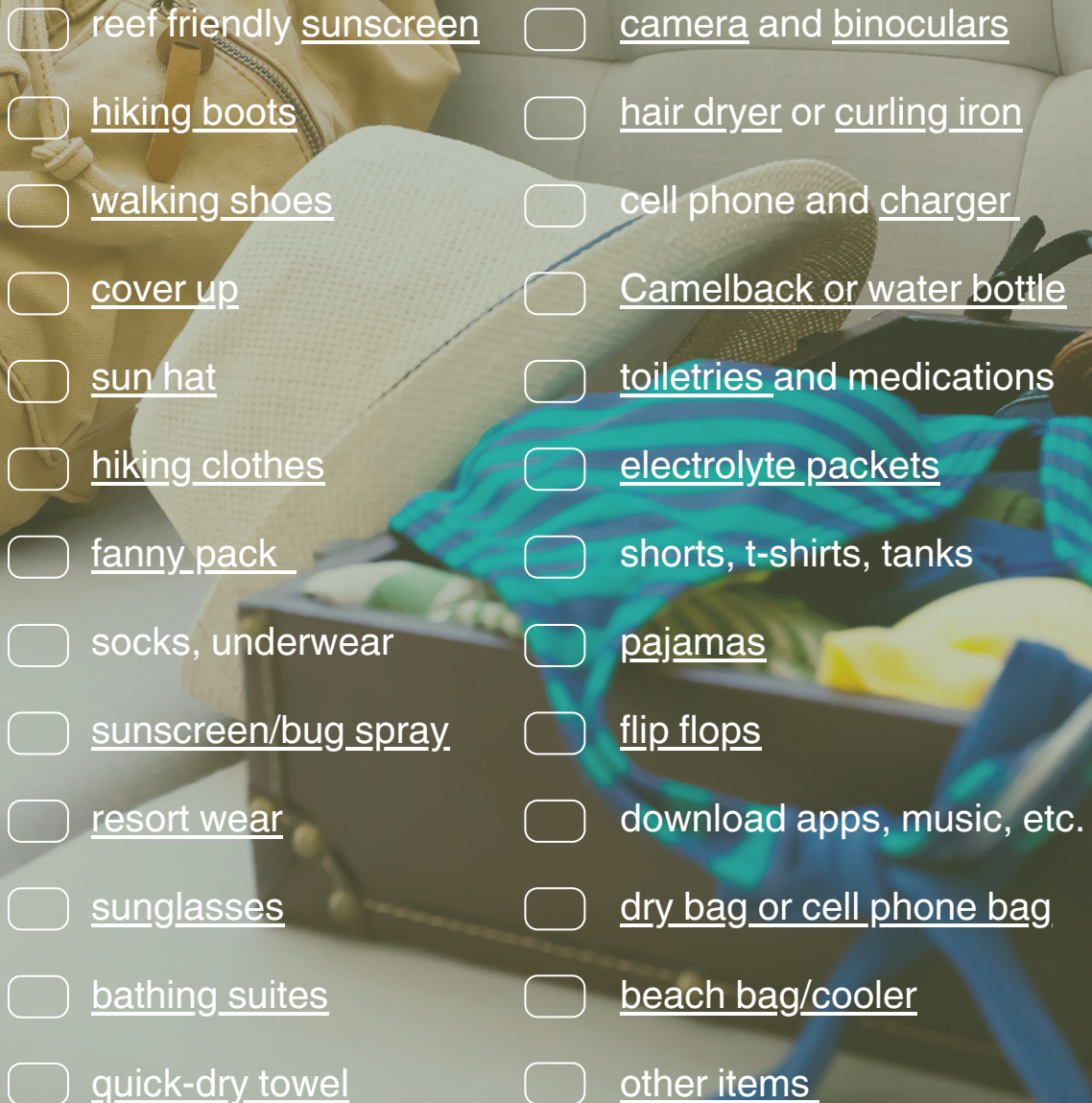
Costco has some of the best grocery prices

Snorkel gear can be rented for the week

Check the weather and pack accordingly

Many hikes require reservations

# CHECKLIST

- 
- reef friendly sunscreen
  - hiking boots
  - walking shoes
  - cover up
  - sun hat
  - hiking clothes
  - fanny pack
  - socks, underwear
  - sunscreen/bug spray
  - resort wear
  - sunglasses
  - bathing suites
  - quick-dry towel
  - camera and binoculars
  - hair dryer or curling iron
  - cell phone and charger
  - Camelback or water bottle
  - toiletries and medications
  - electrolyte packets
  - shorts, t-shirts, tanks
  - pajamas
  - flip flops
  - download apps, music, etc.
  - dry bag or cell phone bag
  - beach bag/cooler
  - other items



# ITINERARY

## DAY 1

Check into hotel. Consider Poipu area.

Pool and/or Beach day

Dining options and best hot dog ever

## DAY 2

Take a boat tour

Pool or beach time at resort

Dining options

## DAY 3

Visit Wailua Falls; See fern grato

Beach time

Kauai Beer Company for food and fun

# ITINERARY

## DAY 4

Hike the Kalalau Trail

Beach or pool time

Dining options

## DAY 5

Surf lessons

Drive to blow hole

Dining options

## DAY 6

Visit the north part of island; Lighthouse

Enjoy beach time at Hanalei Beach

Dining options

# ITINERARY



## DAY 7

Go biking around the island

Beach or pool time

Do a sunset dinner cruise

## DAY 8

Kayak to Secret Falls

Get shaved ice

Go to a luau



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 *let's go* 

To learn more go to [www.koris-kitchen.com](http://www.koris-kitchen.com)