1 CLEANSE

Start with a gentle cleanser to remove impurities and prepare your skin for the next steps. Consider <u>Aveeno</u> daily wash ***as it has a <u>Yuka</u> score of 100.***

2 EXFOLIATE

2-3 times a week, slough off dead skin cells for a radiant complexion and improved texture. Consider <u>Neutrogena Hydro Boost Exfoliator</u> as it gets 86 from <u>Yuka</u>.

3 TREAT

Use a daily <u>hydrating toner</u> that is gentle on the skin.

4 TREAT

Use a nourishing vitamin C and E serum to brighten, sooth and even out skin tone. Wait 2 minutes before applying a hyaluronic acid serum or cream.

5 MOISTURIZE

Hydrate your skin with a suitable moisturizer to lock in moisture and maintain a healthy barrier.

6 SUNSCREEN

Finish your routine with SPF to protect your skin from harmful UV. Try ThinkSport with a score of 93 from Yuka.